**1-PERSONAL DATA:**

Name:  **Dilshad Khorsheed Rasheed**

Address: **Iraq-Duhok-Zeri Land –E18 ,8 Mobil:009647504572034**

E-mail: **dilshadrasheed@yahoo.com**

Date of birth **12/08/1976**

Nationality:  **Iraqi**

 District:  **Duhok**

Marital Status: **Married**

No of Children: 3

Present Post: **Lecturer in Neurology**

Address: **University of Duhok /College of Medicine**

 **Azadi Teaching Hospital-Duhok**

Passport number: **A2537786**

**2-EDUCATION:**

#  Iraqi Board for Medical Specializations Baghdad, Iraq

 ***Board of Neurology*** *October 2004 – October 2009)*

* Concentration: Neurological sciences and practice
* Course work: 5- year program consisting of : General Medicine, cardiology, endocrinology, neurophysiology, neuroanatomy, neuro-histopathology, neurogenetics , neuron-psychiatry , , neuroophthalmogy, neuron-radiology, neuron-pharmacology , Rheumatology &rehabilitation , neurosurgery , Neuro-medicine
* Passed 3 exams; one at end of 1st year(basic neurosciences which consist of written), one at end of

2nd year(clinical and oral examination in general medicine) , and the final exam at the end of 5th year

* Granted a “Fellow” of the Iraqi Board for Medical Specialization in Neurology on 1st of June 2010 (F.I.B.M.S- neurology).

#  University of Duhok /College of Medicine Duhok, Iraq M.B.Ch.B (M.D. equivalent) September 1994 - June 2000

- Six-year program consisting of: Basic Medical Sciences (two years), Clinical Medicine (three years), and rotating internship (one year)

**3-WORK & OBSERVERSHIP EXPERIENCES:**

# University of Duhok/Azadi Teaching Hospital Duhok, Iraq

 *Neurology Specialist and Lecturer* *1st. June 2010 – Present*

* Delivering 6hr weekly sessions to students of college of medicine (1hr theory, 5hr clinical practice for two groups) and member in Nervous system and Membrane and receptor modules.
* Supervising and training Residents and Neurology SHO & Registrars in neurology wards and casualties.
* Daily follow up of the in-patients in neurology ward.
* Attending neurology outpatient consulting clinic in the hospital at least once a week.
* Seen patients in neurophysiology department with doing NCS,EMG and EEG once weekly. - Having at least six (6) calls per month in neurology wards and casualties - Attending weekly grand tours, clinical meetings and scientific lectures.- Follow up and educate patients with MS at MS clinic.
* Participating in monthly neurology administration meetings in Duhok.

#  The Leeds Teaching Hospitals-LGI NHS Leeds, UK

 *Clinical Observer (during second year of board study)* *April - July 2006*

* Attended and observed the day-to-day outpatient care in general neurology, epileptology and headache at Leeds General Infirmary under the auspices of two consultant neurologists.
* Attended multi-disciplinary ward rounds
* Participated in medical discussion of the clinical cases.
* Attended the weekly clinical and neuron-radiological meetings.

#  Azadi Teaching Hospital- Directorate of Health Duhok,Iraq

 *SENIOR HOUSE OFFICER in internal medicine**20th Jan.2004-1st October2004*  - Receiving, examining and treating patients in Internal medicine department (ward and consultation office) with seniors of medicine or alone.

* Preparing daily and weekly reports on patient conditions and raising to\discussing with Senior Physician.
* Participating by case presentation in weekly Medical Meeting in Azady Teaching Hospital.
* Receiving and managing patients with acute or acute on chronic Renal Failure in Renal Replacement therapy Center& doing hemodialysis or peritoneal dialysis for them.
* Receiving and managing patients in coronary care unit.
* Participating at Grand tours in internal medicine wards which were doing some times per a month with senior physician and other SHO.
* Daily morning & night tour in internal medicine ward with follow upping patients and managing any problem they have.

#  Amedi and Qasrok District-DOH Amedi and Qasrok, Iraq

 *General Practitioner Physician* *5th December 2002 – 20th January 2004*

* Performed required rural service
* Ran the outpatient clinic and health education unit
* Assisting hospital manager in data collection, reporting, representing hospital in different health meetings, referring patients and public health media.
* Receiving, examining and treating patients (injured, burned, diseased and operated) in Sarsing Hospital and Ba'adra primery health center.
* Managing the hospital department staff (nurses, pharmacists, laboratories, cleaners and drivers).
* Occasionally leading teams for controlling epidemic diseases (cholera, influenza...).
* Giving medical and nursing courses to medical staff about medicine, pharmacology, preparing reports.
* Managing the vaccination programs, antenatal care program & detection of malnourished child.

 ***Erbil Teaching Hospitals and Azadi Teaching Hospital*** ***Erbil and Duhok, Iraq*** *Junior Resident* (*Junior House Officer*) *5th December 2000 - 5th December 2002*

* Supervised daily examination, investigation, treatment, and follow-up of in-patients and outpatients.- Preparing daily, weekly and monthly reports on patient conditions and raising to\discussing with Senior Physician or Surgeon.
* Fulfilled twenty-four-month residency service conducted in three major hospitals of Erbil City: Erbil

Teaching Hospital, Rizgary Teaching Hospital, Maternity and Pediatric Teaching Hospital and Azadi

 Teaching Hospital in Duhok consisting of:

 Internal medicine …………………… 5 months Ophthalmology, ENT, Dermatology ...3 months

 Coronary Care Unit ……………........ 2 months Pediatrics…………………………….. 3 months

 Emergency departments…………….. 4 months Obstetrics and Gynecology…………...2 months General surgery and orthopedics…….. 4 months Psychiatry…………………………….1 month

**4-Additonal Training and Activities:**

* Run my private neurology and neurophysiology clinic after daily duty at Duhok, Iraq from2010present

* Attended many meetings and conferences of Kurdistan Neurological Association about Epilepsy, Stroke and Movement disorders, lastly at 19th April 2013

* Participated in the Cardio-Metabolic Meeting in The Middle-East in Turkey at 1st December 2012.

* Attended a scientific event entitled “MS management in Kurdistan” at 28th Sept.2012 in Erbil-Iraq.

* Attended a course about treatment of Epilepsy and Neuropathic pain in Paris at April 2012 and visiting Sanofi Aventis Company.

* Attended Annual Neuroscience Meeting at Amman-Jordan at 2012 done by Hikma Neuroscience Company.

* Participated in Daily Teaching about Sleep disorders and sleep laboratory in Pontefract General Infirmary –Sleep clinic at 5th June 2006 in Pontefract ,UK(Pontefract WF8 1PL)

* Training course of Neurophysiology in Amman-Jordan at 2006 and in Tahran-Iran at 2007 under supervision of Ministry of Health-Kurdistan Region-Iraq.

* Participated at the workshop on RATIONAL DRUG USE conducted by Pharmciens San Frontieres

CI/Dohuk Governorate at 2003

* Participated at a course of continuing medical education on BASIC TRAUMA LIFE SUPPORT

.This course was assisted by health care partnership program with East Tennessee State University USA. 2003

* Participated at a course of learning how to do peritoneal dialysis how to deal with hemodialysis machines in Ibn Sina General Hospital in Mosel.2003

* Participated at some courses of CME on 1-Communicable diseases diagnosis &managment.2Noncommunicable diseases.3-Management of acute dehydration. All were assisted by health care partnership program. 2002

**5-PROFESSIONAL & EDUCATIONAL ASSOCIATIONS:**

* Iraqi Medical Association, **Baghdad, Iraq** *July 2002*

* Kurdistan Medical Association, **Erbil, Iraq** *July 2002*

* Iraqi Association of Neurosciences.  *August 2008*

* Kurdistan Neurological Association ,Erbil, Iraq *June 2009*

**6-HONORS AND AWARDS:**

* Honors and award letter from the Director of Rizgary Teaching Hospital *September 2001* for provision of excellent services to patients, **Erbil, Iraq**

* Honors and award letter from the General Director of Health *September 2011* for provision of excellent services to patients, **Duhok, Iraq**

7-**RESEARCH ,PRESENTATION AND PUBLICATIONS:**

* Presented a paper entitled ***Epilepsy and Nutrition***  *September 2012*

# - Authored “Trigeminal Neuralgia: Clinical Study in a group of Iraqi patients ” July 2009 , Erbil, Iraq

* On 2004 presented a seminar on"***Acute Renal Failure***"when I was SHO in internal medicine.
* On 2005, at 1st year of postgraduate study presented the following seminars &JC:

 -a seminar on"Epilepsy".

 -a seminar on"Causes of stroke in Young age "

 -prepare a paper on"Subacute Sclerosing Pan Encephalitis".

 -Two journal club about"Managment of Vestibular neuritis"&"The effect of Erythromycin with other drugs on heart conductivity".

# - Co-authored " Evaluating the under weight children in Duhok city and the rule of WFP program in managing them"when I was 4th year medical college student supervised by Dr.Saad Al-

Mosely(lecturer in community in medical college University of Dohuk). April 1998

**SKILLS:**

***Language:*** Fluent in English (got English language exam certificate), Arabic, and Kurdish (Native)

***Computer:*** Robust Computer experience and skills (passed successfully formal computer and  internet skills evaluation exam by University of Duhok)